

I'M NOT SURE THERE WAS CONSENT...

Consent must be:

Freely Given

Absence of pressure, excessive intoxication or manipulation

Reversible

Take it back any time

Informed

Absence of lies or deception

Enthusiastic

Feeling really good about doing it

Specific

"Yes" to one thing does not mean "yes" to another

We believe you. Your experience is valid, you are not to blame and your feelings are real.

BUT WHAT IF....

But I didn't fight back - There is 'fight or flight', but also freeze. These responses are automatic and not your fault. No matter how you respond, that doesn't change the fact that you didn't consent.

But I didn't say no - Neither silence nor anything other than a "yes" are consent.

But I flirted - That doesn't change anything. The only time a person is 'asking for it' is when they actually asked for it.

But I kissed them - Remember, consent is specific. You can initiate one thing without agreeing to do another.

But I was drunk - Being drunk is not an invitation or an excuse to have sex with someone against their will. It's not your fault.

But they bought me a drink - Just because they bought you a drink doesn't mean they are entitled to your body.

But they were my partner - Sexual harassment in relationships can happen. Just because you love them and you had sex before doesn't mean you give up your sexual autonomy.

But they're such a nice person - Good people can do bad things. Just because you didn't expect this of the person, doesn't mean that it didn't happen. Previous good behaviour does not excuse them or invalidate your experience.

USEFUL RESOURCES

If you or a friend have been sexually assaulted

CHRIST CHURCH'S SEXUAL ASSAULT RESOURCES

Harassment and assault of ANY form are not tolerated at Christ Church

If anything has happened, if and when you are ready to, please reach out to whoever you feel most comfortable talking to. This may be a friend, family member or the Welfare Team at college.

Whatever you are feeling is completely normal.

The whole Welfare Team is there to listen in a safe, non-judgemental manner.

Clare and the wardens are available to accompany you as support figures should you wish.

If an assault or rape has occurred and you need immediate support contact the Porters lodge (01865276150) and they will call a trained member of the welfare team.

The medical contacts for college are the college nurse, (nurse@chch.ox.ac.uk) the college GP, (01865 311500).

You can get in touch with the College Harassment Officers (harassment.officer@chch.ox.ac.uk) regarding sexual harassment and they can advise you on what to do next and how to make a formal complaint.

WHAT CONSTITUTES SEXUAL ASSAULT OR HARASSMENT?

If someone made you feel uncomfortable, reach out to someone. Your feelings are valid, no matter how minor you might think it was. Harassment exists on a spectrum.

- Unwanted physical contact (sexual or non-sexual)
- Unwanted sexual comments, teasing, jokes, questions, nicknames
- Catcalling, whistling, howling, elevator eyes
- Stalking, flashing or touching yourself around someone
- Revenge porn or non-consensual imagery, sending unsolicited dick pics
- Lying about sexual partners, sharing private information without consent
- Telling people about someone else's assault
- Rape jokes
- Stealthing (condom removal without consent)
- Pressure to go on a date or engage in sexual activity
- Rape

UNI RESOURCES

Oxford University Sexual Harassment and Violence Support Service

supportservice@admin.ox.ac.uk
www.ox.ac.uk/students/welfare/supportservice

This service is run in conjunction with OSARCC. They provide confidential advice and support for survivors of sexual violence. All specialist caseworkers at the service are trained to support you at your pace, non-judgementally and in confidence, putting you in control of what happens next.

Oxfordshire Sexual Abuse and Rape

Crisis Centre (OSARCC)

admin@osarcc.org.uk
0800 783 6294.

OTHER RESOURCES

The Samaritans (open 24/7):
call 116

Revenge Porn Helpline:
revengepornhelpline.org.uk

BPAS (Abortion and Pregnancy Support):

03457 30 40 30

Survivors UK (for male survivors)
www.survivorsuk.org

GALOP (for LGBTQ+ survivors)
galop.org.uk

Churchill Hospital (GUM Clinic)
01865 231 231

You can access HIV prophylaxis and emergency contraception here as well as testing and treatment for STIs.