

# I'M NOT SURE THERE WAS CONSENT...

Consent must be:

## Freely Given

Absence of pressure,  
excessive intoxication or  
manipulation

## Reversible

Take it back at any time

## Informed

Absence of lies or deception

## Enthusiastic

Feeling really good about  
doing it

## Specific

Yes to one thing does not  
mean yes to another

We believe you. Your experience is  
valid, you are not to blame and your  
feelings are real.

## BUT WHAT IF ...

**But I didn't fight back-** There is 'fight or flight', but also freeze. These responses are automatic and not your fault. No matter how you respond, that doesn't change the fact that you didn't consent.

**But I didn't say no - That's okay.** Neither silence nor anything other than a yes are consent.

**But I flirted-** That doesn't change anything. The only time a person is 'asking for it' is when they actually asked for it.

**But I kissed them- Remember,** consent is specific. Don't blame yourself for initiating one thing without wanting to do another.  
**But I was drunk-** Being drunk is not an invitation or an excuse to have sex with someone against their will. It's not your fault.

**But they bought me a drink - Just** because they bought you a drink doesn't mean they are entitled to your body.

**But they were my partner - Sexual** harassment in relationships is very common. Just because you love them and you had sex before doesn't mean you give up your sexual autonomy.

**But they're such a nice person -** Good people can do bad things. Just because you didn't expect this of the person, doesn't mean that it didn't happen. Previous good behaviour does not excuse them or invalidate your experience.



## USEFUL RESOURCES

### IF YOU OR A FRIEND HAVE BEEN SEXUALLY ASSAULTED





# CHRIST CHURCH'S SEXUAL ASSAULT RESOURCES

Harassment and assault of ANY form are not tolerated at Christ Church

If anything has happened, if and when you are ready to, please reach out to whoever you feel most comfortable talking to. This may be a friend, family member or the Welfare Team at college. Whatever you are feeling is completely normal.

The whole Welfare Team is there to listen in a safe, non-judgemental manner.

Clare and the wardens are available to accompany you as support figures should you wish.

If an assault or rape has occurred and you need immediate support contact the Porters' lodge (01865 276150) and they will call a trained member of the welfare team.

The medical contacts for college are: the college nurse, ([christchurchnurse@oxfordhealth.nhs.uk](mailto:christchurchnurse@oxfordhealth.nhs.uk)) and Dr. Jenkin, the college GP, (01865 311500).

The college Harassment Officers/Advisors are Dr. Sophie Duncan ([sophie.duncan@chch.ox.ac.uk](mailto:sophie.duncan@chch.ox.ac.uk)), Prof. Alexander Vasudevan ([alexander.vasudevan@chch.ox.ac.uk](mailto:alexander.vasudevan@chch.ox.ac.uk)) and Revd Clare Hayns, ([clare.hayns@chch.ox.ac.uk](mailto:clare.hayns@chch.ox.ac.uk))

You can get in touch with them regarding sexual harassment and they can advise you on what to do next and how to make a formal complaint.

## What constitutes Sexual Assault or Harassment?

**If someone made you feel uncomfortable, reach out to someone. Your feelings are valid, no matter how minor you might think it was. Harassment exists on a spectrum.**

- Unwanted physical contact (sexual or non-sexual)
- Unwanted sexual comments, teasing, jokes, questions, nicknames (honey, babe, etc)
- Catcalling, whistling, howling, elevator eyes
- Stalking, flashing or touching yourself around someone
- Revenge porn or non-consensual imagery, sending unsolicited dick pics
- Lying about sexual partners, sharing private information without consent
- Telling people about someone else's assault
- Rape jokes
- Stealthing (condom removal without consent)
- Pressure to go on a date or engage in sexual activity
- Rape



## UNI RESOURCES

### Oxford University Sexual Harassment and Violence Support Service

[supportservice@admin.ox.ac.uk](mailto:supportservice@admin.ox.ac.uk)

This service is run in conjunction with OSARCC. They provide confidential advice and support for survivors of sexual violence and those accused of sexual violence. They are specially trained in responding to incidents of sexual harassment and violence. They offer a response that is non judgemental, non-directive and puts you in control of what happens next.

### Oxfordshire Sexual Abuse and Rape Crisis Centre (OSARCC)

[admin@osarcc.org.uk](mailto:admin@osarcc.org.uk) / 01865 725311.

## OTHER RESOURCES

### The Samaritans (open 24/7):

[jo@samaritans.org](mailto:jo@samaritans.org) / call 116

### Revenge Porn Helpline:

<https://revengepornhelpline.org.uk/>

### BPAS (Abortion and Pregnancy Support):

03457304030; BPAS Oxford, First Floor, Rectory Centre, 27-29 Rectory Road, Oxford OX4 1BU

### Survivors UK (for male survivors)

[survivorsuk.org](http://survivorsuk.org) / 02033221860

### GALOP (for LGBTQ+ survivors)

0800 9995428

### Churchill Hospital (GUM Clinic)

01865 231231/Harrison Department, Churchill Hospital, Old Road, Headington, OX3 7LE.

You can access HIV prophylaxis and emergency contraception here as well as testing and treatment for STIs.